

# Lunch

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## Starters

**LEMON & ROASTED TOMATO HUMMUS** gf v 8.00  
Crisp Vegetables, Roasted Tomato, Grilled Pita 

**HALF DOZEN BUFFALO WINGS** gf 6.00  
Ancho BBQ Rubbed Jumbo Wings, Port Blue Cheese Dip with a Small Salad or Soup 10.00

**FAROE ISLANDS SALMON TACOS** 8.00  
Shredded Cabbage & Cilantro Slaw, Avocado Fresh Lime, Wheat Tortillas 

**MINI BRIE & PEAR QUESADILLAS** 7.00  
Wheat Tortilla, Arugula Orange Salad with a Small Salad or Soup 11.00

**BAKED SWEET POTATO** gf v 7.00  
Kale & Hemp Seed Hash, Ancho Yogurt with a Small Salad or Soup 11.00 

**ROASTED TOMATO & PORTOBELLO FLATBREAD** v 11.00  
Middleton Goat Cheese & Fresh Mozzarella Citrus Arugula Salad

**FLATBREAD OF THE DAY** 10.00  
Ask about our daily temptation

**COLUMBUS BREWING CO. IPA PORK BELLY TACOS** gf 10.00  
Shaved Red Onion, Carolina Spiced BBQ Sauce, Romaine Lettuce "Shell"

## From The Kettle

**SOUP DU JOUR** 6.00

**CHICKEN NOODLE SOUP** gf v 6.00  
Chicken & Vegetables in a Herbed Chicken Broth

## From The Garden

add Chicken 5.00, Salmon\* 6.00, Angus Steak\* 7.00

**ROASTED BEET & POACHED PEAR SALAD** gf 15.00  
Laurel Valley Curd, Toasted Almonds, Haricots Vert Champagne Vinaigrette 

**FORK & KNIFE CAESAR** v 12.00  
Crispy Pita Shards, Cured Tomatoes 

**BRUSSELS SPROUTS & SWEET POTATO SALAD** gf 9.00  
Laurel Valley Ranch Cheese Curds, Dijon Maple Dressing 

## Hand Helds

all sandwiches served with chips, fries, or salad

**TODAYS FEATURE SANDWICH** 9.00  
Half Sandwich with Soup or Salad 10.00

**TURKEY SANDWICH** 12.00  
Thin Sliced Turkey, Bacon, Arugula, Mustard Aioli Whole Wheat Bread 

**BLACK & BLUE ANGUS BRISKET BURGER\*** 12.00  
Pepper Bacon, Sliced Stella Blue Cheese, Lettuce & Tomato, Toasted Potato Bun

**THURBER'S ANGUS BRISKET BURGER\*** 15.00  
Caramelized Balsamic Onions, Sunny Side Egg, Middlefield Goat Cheddar, Brioche Bun

**VEGETABLE PINWHEEL** v 12.00  
Spinach, Roasted Portobello & Pepper, Mozzarella and Basil Pesto

**TUNA MELT** 12.00  
Live Watercress, Sweet & Hot Pickle Relish, Laurel Valley Cheddar Curds, Toasted Sourdough

**HOT CBUS CHICKEN** 13.00  
Sweet Hot Pickle, Brussels Slaw Grilled Potato Bun

## Sides

Side Salad 5.00  
Side Caesar 6.00  
Oven Roasted Brussels Sprouts 5.00  
Herbed Rainbow Fingerling Potatoes 5.00  
Sweet Potato Wedges 5.00  
Seasoned Fries 5.00

## Mains

**OHIO FIVE CHEESE MAC** v 12.00  
Ohio Artisinal Cheese, Gemelli Pasta

**WHOLE WHEAT SPAGHETTI** v 18.00  
Spinach & Portobello, Edamame & Broccoli, Tomato Sauce 

**BROILED GREEN TEA LACQURED FAROE SALMON\*** gf 25.00  
Sweet Potato, Shiitake Mushroom, Spinach, Pan Reduction 

**WHITE MISO PHO** v  
Rice Noodles, Cilantro, Green Onions, Thai Basil Tofu 12.00  
Grilled Chicken 15.00  
Poached Shrimp 16.00  
Add Extra Veggies 2.00

## Beverages

**FRESHLY BREWED STARBUCKS® BLEND COFFEE**  
Regular or decaffeinated 3.00

**COCA-COLA SOFT DRINKS** 3.00

**JUICE** 3.00



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

Service charges and government taxes are additional.

\*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

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